

Important Home Oxygen Safety Tips

- ❌ DO NOT allow the use of **open flame** or burning tobacco in the room where oxygen is being used or stored
- ❌ DO NOT use heavy coatings of **oily lotions**, face creams or aerosol sprays when using oxygen
- ❌ DO NOT **oil or grease** the oxygen equipment or use oil based creams on your nose (Vaseline® or petroleum jelly)
- ❌ DO NOT store oxygen concentrator/cylinder in a **confined area** or leave it running when not in use
- ❌ DO NOT store oxygen concentrator/cylinder near radiators, heat ducts, steam pipes, or other **sources of heat**
- ❌ DO NOT handle oxygen **cylinders roughly**

The amount of oxygen your doctor has prescribed is:

REST: _____ LPM
EXERCISE: _____ LPM
SLEEP: _____ LPM
USE FOR: _____ Hours/Day



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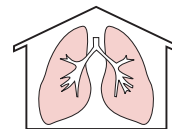
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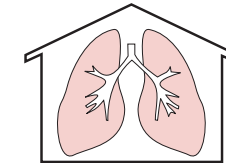


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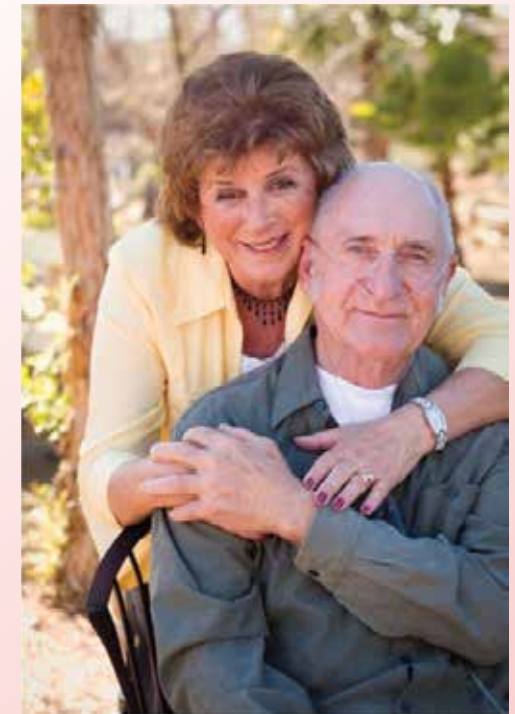
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Home Oxygen Therapy Patient Guide



Who needs Home Oxygen Therapy?

Many individuals with heart and lung conditions, including those with:

- Chronic Obstructive Pulmonary Disease (COPD)
- Congestive Heart Failure (CHF)
- Pulmonary Fibrosis

The benefits of Home Oxygen Therapy

- Maintain blood oxygen levels
- Reduce breathlessness
- Improve **quality** and **length of life**

How to get Home Oxygen Therapy

Once determined that you require home oxygen, your doctor must write a prescription.



A hospital employee may provide you with a list of home oxygen providers to choose from, then

- The hospital employee will make arrangements for the home oxygen set-up

OR

- You may be required to make first contact with a home oxygen provider

A clinician from a home oxygen provider will then arrange a time to come to your home to set-up and teach you about the use of home oxygen.



What equipment will you receive?

You will be provided with a stationary oxygen concentrator. You may be provided with a portable oxygen system or a Homefill System if required/desired.

Stationary Oxygen Concentrator

- Provides unlimited supply of oxygen
- Draws from room air to deliver oxygen
- Powered by electricity
- Back-up supply (oxygen cylinder) provided in case of emergency



Portable Oxygen Systems

Portable Oxygen Concentrators (POC)

- Draws from air to deliver oxygen
- Battery operated (AC/DC powered)

OR



Oxygen Cylinders

- Contain compressed oxygen
- Require cylinder deliveries from home oxygen provider
- Available in a variety of sizes

OR

Homefill System

- Both an oxygen concentrator and cylinder filling station
- Ideal for daytime home use, sleep, as well as active lifestyles
- Powered by electricity



Funding for Home Oxygen Therapy

If your doctor has prescribed oxygen therapy for you, you need it for optimal health and lifestyle outcomes.

Home Oxygen Therapy funding can vary and depends on things like:

- Your blood oxygen levels at different times (at rest, at night or on exertion)
- Your income
- The type of insurance you have
- Your eligibility for federal programs (such as Veterans Affairs, NIHB)

In Nova Scotia:



If you are eligible, the Continuing Care (CC) branch of the Nova Scotia Department of Health and Wellness will provide you with financial assistance for Home Oxygen.

The amount of financial assistance CC provides and the amount of your co-pay is determined by your annual **household income**.

For more information on the Home Care fee structure and the Continuing Care oxygen program, please go to:
<http://novascotia.ca/dhw/ccs/home-oxygen.asp>

Private pay programs are also available at RTS